

# SIZING GUIDE

RST CLASSIC APPAREL SIZE CHART (INCHES)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	32	34	36	38	40	42	44	46	48	
UK PANT SIZE	32	34	36	38	40	42	44	46	48	
A. CHEST	n/a	44-45	45-46	47-48	49-50	50-51	52-53	n/a	n/a	
B. WAIST	n/a	39-40	41-42	43-44	44-45	46-47	47-48	n/a	n/a	
C. HIP	n/a	37-39	39-40	40-42	42-43	43-45	45-46	n/a	n/a	
D. INSEAM	n/a	30-31	31-32	32-33	32-33	33-34	33-34	n/a	n/a	

RST CLASSIC APPAREL SIZE CHART (CM)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	32	34	36	38	40	42	44	46	48	
UK PANT SIZE	32	34	36	38	40	42	44	46	48	
A. CHEST	n/a	112-114	114-118	120-121	124-126	128-130	132-134	n/a	n/a	
B. WAIST	n/a	100-102	105-107	109-111	113-115	117-119	121-123	n/a	n/a	
C. HIP	n/a	95-99	99-103	107-111	107-111	111-115	115-119	n/a	n/a	
D. INSEAM	n/a	79-80	81-82	85-86	85-86	89-90	89-90	n/a	n/a	

HOW TO MEASURE										
A. CHEST	MEASURE AROUND THE FULLEST PART, UNDER THE ARMPITS									
B. WAIST	MEASURE AROUND THE NATURAL WAIST LINE, IN LINE WITH THE NAVEL									
C. HIP	MEASURE AROUND THE FULLEST PART OF HIPS, APPROX 20CM BELOW WAISTLINE									
D. INSEAM	MEASURE FROM CROTCH TO BOTTOM OF YOUR LEG									

RST MENS SUIT SIZE CHART (INCHES)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
A. CHEST	41-43	43-44	44-46	46-47	48-50	49-50	51-52	52-54	54-55	
B. WAIST	34-36	36-37	37-39	39-41	41-43	43-44	44-46	45-47	47-49	
C. HIP	40-42	42-43	43-45	45-46	46-48	48-50	50-51	51-53	53-54	
D. INSEAM	30-31	31	31-32	32	32	32	32	32	32	

RST MENS SUIT SIZE CHART (CM)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
A. CHEST	105-109	109-113	113-117	117-121	121-127	125-129	129-132	133-137	137-139	
B. WAIST	87-91	91-95	95-100	100-104	104-108	108-112	112-116	116-120	120-124	
C. HIP	102-106	106-110	110-114	114-118	118-122	122-126	126-130	130-134	134-138	
D. INSEAM	76-78	78-79	79-80	80-81	80-81	80-81	80-81	80-81	80-81	

HOW TO MEASURE										
A. CHEST	MEASURE AROUND THE FULLEST PART, UNDER THE ARMPITS									
B. WAIST	MEASURE AROUND THE NATURAL WAIST LINE, IN LINE WITH THE NAVEL									
C. HIP	MEASURE AROUND THE FULLEST PART OF HIPS, APPROX 20CM BELOW WAISTLINE									
D. INSEAM	MEASURE FROM CROTCH TO BOTTOM OF YOUR LEG									

RST MENS TOURING APPAREL SIZE CHART (INCHES)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	32	34	36	38	40	42	44	46	48	
UK PANT SIZE	32	34	36	38	40	42	44	46	48	
A. CHEST	N/A	46-47	49-50	51-52	53-54	56-57	59-59	60-61	63-64	
B. WAIST	N/A	35-37	37-39	39-42	42-44	44-46	46-48	48-49	49-51	
C. HIP	N/A	42-44	44-46	46-47	47-49	49-50	50-52	52-54	53-55	
D. INSEAM	N/A	30-31	30-31	32-34	32-34	32-34	32-34	32-34	31-33	

RST MENS TOURING APPAREL SIZE CHART (CM)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	32	34	36	38	40	42	44	46	48	
UK PANT SIZE	32	34	36	38	40	42	44	46	48	
A. CHEST	N/A	118-120	124-126	130-132	136-138	142-144	148-150	154-156	160-162	
B. WAIST	N/A	90-94	94-100	100-106	106-113	113-117	118-121	121-125	126-129	
C. HIP	N/A	108-112	112-116	116-120	120-124	124-128	128-132	132-136	136-140	
D. INSEAM	N/A	77-79	77-79	79-83	79-83	79-83	79-83	79-83	79-83	

HOW TO MEASURE										
A. CHEST	MEASURE AROUND THE FULLEST PART, UNDER THE ARMPITS									
B. WAIST	MEASURE AROUND THE NATURAL WAIST LINE, IN LINE WITH THE NAVEL									
C. HIP	MEASURE AROUND THE FULLEST PART OF HIPS, APPROX 20CM BELOW WAISTLINE									
D. INSEAM	MEASURE FROM CROTCH TO BOTTOM OF YOUR LEG									

RST MENS SPORT APPAREL SIZE CHART (INCHES)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	30	32	34	36	38	40	42	44	46	
UK PANT SIZE	30	32	34	36	38	40	42	44	46	
A. CHEST	43-44	44-46	46-47	47-49	49-51	50-53	52-56	56-58	58-61	
B. WAIST	35-36	37-38	38-39	40-41	42-43	44-45	45-47	47-48	48-49	
C. HIP	43-44	45-46	46-47	48-49	49-50	51-52	52-54	55-56	58-59	
D. INSEAM	30-31	30-31	30-31	31-32	31-32	31-32	31-32	31-32	31-32	

PLEASE NOTE SHORT LEG AND LONG LEG OPTION AVAILABLE ON SELECTED STYLES										
RST MENS SPORT APPAREL SIZE CHART (CM)										
UK SIZE	38	40	42	44	46	48	50	52	54	
EURO SIZE	48	50	52	54	56	58	60	62	64	
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL	4XL	
U.S. SIZE	38	40	42	44	46	48	50	52	54	
U.S. PANT SIZE	30	32	34	36	38	40	42	44	46	
UK PANT SIZE	30	32	34	36	38	40	42	44	46	
A. CHEST	108-112	112-116	116-120	120-124	124-130	128-136	132-142	142-148	148-154	
B. WAIST	90-93	94-97	98-102	103-106	107-110	111-114	116-118	119-122	123-126	
C. HIP	109-112	113-116	117-120	121-125	125-128	129-132	133-136	140-143	147-150	
D. INSEAM	76-78	78-79	79-80	80-81	80-81	80-83	80-83	80-83	80-83	

PLEASE NOTE SHORT LEG AND LONG LEG OPTION AVAILABLE ON SELECTED STYLES										
HOW TO MEASURE										
A. CHEST	MEASURE AROUND THE FULLEST PART, UNDER THE ARMPITS									
B. WAIST	MEASURE AROUND THE NATURAL WAIST LINE, IN LINE WITH THE NAVEL									
C. HIP	MEASURE AROUND THE FULLEST PART OF HIPS, APPROX 20CM BELOW WAISTLINE									
D. INSEAM	MEASURE FROM CROTCH TO BOTTOM OF YOUR LEG									

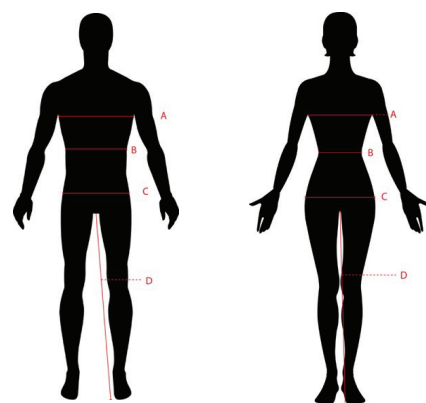
RST LADIES APPAREL SIZE CHART (INCHES)										
UK SIZE	8	10	12	14	16	18	20	22		
EURO SIZE	48	50	52	54	56	58	60	62		
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL		
U.S. SIZE	2	4	6	8	10	12	14	16		
U.S. PANT SIZE	24	26	28	30	32	34	36	38		
UK PANT SIZE	8	10	12	14	16	18	20	22		
A. CHEST	40-42	42-44	45-46	47-49	49-51	52-54	54-56	57-58		
B. WAIST	34-35	36-37	37-38	39-41	41-43	43-45	45-47	47-49		
C. HIP	37-38	40-42	43-46	46-48	48-50	50-53	53-55	55-57		
D. INSEAM	29-30	30-31	30-31	30-31	30-31	32-33	32-33	32-33		

RST LADIES APPAREL SIZE CHART (CM)										
UK SIZE	8	10	12	14	16	18	20	22		
EURO SIZE	48	50	52	54	56	58	60	62		
INTERNATIONAL SIZE	XS	S	M	L	XL	XXL	3XL	4XL		
U.S. SIZE	2	4	6	8	10	12	14	16		
U.S. PANT SIZE	24	26	28	30	32	34	36	38		
UK PANT SIZE	8	10	12	14	16	18	20	22		
A. CHEST	102-106	108-112	114-118	120-124	126-130	132-136	138-142	144-148		
B. WAIST	85-88	90-93	95-98	100-103	105-108	110-113	115-118	120-126		
C. HIP	94-98	102-106	110-116	116-122	122-128	128-134	134-140	140-146		
D. INSEAM	74-75	75-77	76-80	76-80	81-83	81-83	81-83	81-83		

HOW TO MEASURE										
A. CHEST	MEASURE AROUND THE FULLEST PART, UNDER THE ARMPITS									
B. WAIST	MEASURE AROUND THE NATURAL WAIST LINE, IN LINE WITH THE NAVEL									
C. HIP	MEASURE AROUND THE FULLEST PART OF HIPS, APPROX 20CM BELOW WAISTLINE									
D. INSEAM	MEASURE FROM CROTCH TO BOTTOM OF YOUR LEG									



PLEASE NOTE THIS CHART IS A GUIDE ONLY. FOR SPECIFIC PRODUCT MEASUREMENTS PLEASE CONTACT YOUR LOCAL RST STOCKIST

# ICON GUIDE

<b>HYDRATION RACE HUMP</b> 	<b>BUFFALO LEATHER</b> 	<b>3M SCOTCHLITE</b> 	<b>CE ARMOUR</b> 	<b>WEATHER PROOF</b> 	<b>WATERPROOF</b> 	<b>REFLECTIVE PANELS</b> 	<b>MICRO FIBRE</b> 
<b>360° JOINING ZIP</b> 	<b>KNEE SLIDERS</b> 	<b>ARAMID</b> 	<b>4-WAY STRETCH</b> 	<b>3-WAY STRETCH</b> 	<b>COW HIDE</b> 	<b>RACE HUMP</b> 	<b>TOUR CUT</b> 
<b>KANGAROO</b> 	<b>TRIPLE STITCHED</b> 	<b>BALLISTIC</b> 	<b>REMOVABLE THERMAL LINING</b> 	<b>HT-TEX</b> 	<b>SHORT LEG</b> 	<b>LONG LEG</b> 	<b>MAXTEX</b> 
<b>MESH</b> 	<b>CPX-C</b> 	<b>CPX</b> 	<b>AIR VENTS</b> 	<b>BACK PROTECTOR LEVEL 1</b> 	<b>CE CERTIFIED</b> 	<b>OUTSTITCHED FINGERS</b> 	<b>PRECURVED FINGERS</b> 
<b>CARBON KNUCKLE</b> 	<b>DOUBLE CUFF CLOSURE</b> 	<b>FINGER JOINT PROTECTION</b> 	<b>POWERGRIP PALM</b> 	<b>CONJOINED LITTLE FINGER</b> 	<b>HEATED</b> 	<b>OUTLAST</b> 	<b>3M THINSULATE</b> 
<b>INTEGRATED PU KNUCKLE</b> 	<b>PU COATED MICRO-TECH</b> 	<b>MOULDED TPU SHIN/ANKLE/HEEL PROTECTION</b> 	<b>REPLACEABLE TOE SLIDER</b> 	<b>MULTI DENSITY SOLE</b> 	<b>ANTI</b>		