

**MAN**

**Jacket Sizes Standard - Man**

How measured	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
Chest Size Circumference in inches	34-36¼	36¼-38½	38½-41	41-43¼	43¼-45½	45½-48	48-50¼	50¼-52¾	52¾-55
Chest Size Circumference in cm	86-92	92-98	98-104	104-110	110-116	116-122	122-128	128-134	134-140

How measured	46	48	50	52	54	56	58	60	62
Chest Size Circumference in inches	35½-37	37-38½	38½-40	40-41¾	41¾-43¼	43¼-45	45-45½	45½-48	48-49½
Chest Size Circumference in cm	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-126

**Jacket/Trouser Sizes Robust – Man**

How measured	L	XL	XXL	3XL	4XL	5XL	6XL
Chest Size Diameter in cm	104-110	110-116	116-122	122-128	128-134	134-140	140-146
Chest Size Diameter in cm	96-102	102-108	108-114	114-120	120-126	126-132	132-138
Height	162-168	166-172	170-176	172-178	174-180	175-182	176-185

**Trouser Sizes Standard – Man**

How measured	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
Hip Size Circumference in inches	34½-37	37-39½	39½-41¾	41¾-44	44-45½	45½-49	49-51	51-53½	53½-56
Hip Size Circumference in cm	88-94	94-100	100-106	106-112	112-118	118-124	124-130	130-136	136-142
Waist Size Circumference in inches	30-32¼	32¼-34½	34½-37	37-39½	39½-41¾	41¾-44	44-45½	45½-49	49-51
Waist Size Circumference in cm	76-82	82-88	88-94	94-100	100-106	106-112	112-118	118-124	124-130
In Leg Length cm	80	81	82	84	86	87	88	89	89
In Leg Length inches	31½	32	32¼	33	34	34¼	34¼	35	35

How measured	46	48	50	52	54	56	58	60	62
Hip Size Circumference in inches	36¼-37¾	37¾-39½	39½-41	41-42½	42½-44	44-45½	45½-47¼	47¼-49	49-50¼
Hip Size Circumference in cm	92-96	96-100	100-104	104-108	108-112	112-116	116-120	120-124	124-128
Waist Size Circumference in inches	31½-33	33-34¼	34¼-36¼	36¼-37¾	37¾-39½	39½-41	41-42½	42½-44	44-45½
Waist Size Circumference in cm	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116
In Leg Length cm	80	81	82	84	86	87	88	89	89
In Leg Length inches	31½	32	32¼	33	34	34¼	34¼	35	35

**LADY**

**Jacket Sizes Standard – Lady**

How measured	XS	S	M	L	XL	XXL
Chest Size Circumference in inches	31½-34	34-36¼	36¼-38½	38½-41	41-43¼	43¼-45
Chest Size Circumference in cm	80-86	86-92	92-98	98-104	104-110	110-116

How measured	38	40	42	44	46	48	50	52
Chest Size Circumference in inches	30 $\frac{1}{4}$ -32 $\frac{1}{4}$	32 $\frac{1}{4}$ -34	34-35 $\frac{1}{2}$	35 $\frac{1}{2}$ -37 $\frac{1}{4}$	37 $\frac{1}{4}$ -38 $\frac{1}{2}$	38 $\frac{1}{2}$ -40	40-41 $\frac{1}{4}$	41 $\frac{1}{4}$ -43 $\frac{3}{4}$
Chest Size Circumference in cm	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110

### Jacket Sizes Robust - Lady

How measured	46	48	50	52	54
Bust Size Diameter in cm	100-114	114-118	118-122	122-126	126-130
Waist Size Diameter in cm	100-108	108-112	112-116	116-120	120-124
Height	145-165	148-186	151-172	154-175	157-178

### Trouser Sizes Standard – Lady

How measured	XS	S	M	L	XL	XXL
Hip Size Circumference in inches	35 $\frac{1}{2}$ -37	37-39 $\frac{1}{2}$	39 $\frac{1}{2}$ -41 $\frac{1}{4}$	41 $\frac{1}{4}$ -44	44-45 $\frac{1}{2}$	45 $\frac{1}{2}$ -48
Hip Size Circumference in cm	88-94	94-100	100-106	106-112	112-118	118-122
Waist Size Circumference in inches	25 $\frac{1}{4}$ -27 $\frac{1}{2}$	27 $\frac{1}{2}$ -30	30-32 $\frac{1}{4}$	32 $\frac{1}{4}$ -34 $\frac{1}{2}$	34 $\frac{1}{2}$ -37	37-39 $\frac{1}{2}$
Waist Size Circumference in cm	64-70	70-76	78-82	82-88	88-94	94-100
In Leg Length cm	77	78	79	80	81	82
In Leg Length inches	30 $\frac{1}{4}$	30 $\frac{3}{4}$	31	31 $\frac{1}{2}$	32	32 $\frac{1}{4}$

How measured	38	40	42	44	46	48	50	52
Hip Size Circumference in inches	34-35 $\frac{1}{2}$	35 $\frac{1}{2}$ -37 $\frac{1}{4}$	37 $\frac{1}{4}$ -38 $\frac{1}{2}$	38 $\frac{1}{2}$ -40	40-41 $\frac{1}{4}$	41 $\frac{1}{4}$ -43 $\frac{3}{4}$	43 $\frac{3}{4}$ -45	45-45 $\frac{1}{2}$
Hip Size Circumference in cm	89-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
Waist Size Circumference in inches	24 $\frac{1}{2}$ -26	26-27 $\frac{1}{2}$	27 $\frac{1}{2}$ -29	29-30 $\frac{3}{4}$	30 $\frac{3}{4}$ -32 $\frac{1}{4}$	32 $\frac{1}{4}$ -34	34-35 $\frac{1}{2}$	35 $\frac{1}{2}$ -37 $\frac{1}{4}$
Waist Size Circumference in cm	62-66	66-70	70-74	74-78	78-82	82-86	86-90	90-94
In leg Length cm	76	77	78	79	80	81	82	83
In Leg Length inches	30	30 $\frac{1}{4}$	30 $\frac{3}{4}$	31	31 $\frac{1}{2}$	32	32 $\frac{1}{4}$	32 $\frac{1}{2}$

### BOOTS

Euro	36	37	38	39	40	41	42	43	44	45	48	47	48	49	50
US	4	4.5	5.5	6	7	7.5	8.5	9.5	10	10.5	11.5	12	13	13.5	14
UK	3.5	4	5	5.5	6.5	7	8	9	9.5	10	11	11.5	12.5	13	14
Japan	22	22.5	23.5	24	25	25.5	26.5	27.5	28	28.5	29.5	30	31	31.5	32.5

### GLOVES

Circumference measured around the widest section of the knuckle with hand held flat

Mens	S	M	L	XL	XXL	3XL
Circumference in inches	8 $\frac{1}{2}$	9	9 $\frac{1}{2}$	10	10 $\frac{1}{2}$	11
Circumference in cm	23	24	25	26	27	28
Ladies						
Circumference in inches	7 $\frac{1}{2}$	8	8 $\frac{1}{2}$			
Circumference in cm	19	20	22			

### HELMETS

Circumference measured around forehead just above eyebrows to widest section of rear of head

How Measured	XS		S		M		L		XL		XXL	
Circumference in cm	53	54	55	56	57	58	59	60	61	62	63	64
Diameter in inches	6 $\frac{5}{8}$	6 $\frac{3}{4}$	6 $\frac{7}{8}$	7	7 $\frac{1}{8}$	7 $\frac{1}{4}$	7 $\frac{3}{8}$	7 $\frac{1}{2}$	7 $\frac{5}{8}$	7 $\frac{3}{4}$	8	8 $\frac{1}{8}$

